FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Kesponse	s)											1				
1. Name and Address of Reporting Person* ADELGREN PAUL W				GLA	2. Issuer Name and Ticker or Trading Symbol GLADSTONE COMMERCIAL CORP [GOOD]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner Officer (give title below) Other (specify below)					
(Last) (First) (Middle) 1521 WESTBRANCH DRIVE, SUITE 100					3. Date of Earliest Transaction (Month/Day/Year) 08/06/2015												
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							h/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
MCLEAN, VA 22102 (City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially								Owned				
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execu any	Deemed cution Date, if	(Instr. 8)			(A) or Disposed of (Instr. 3, 4 and 5)		of (D)	Beneficia Reported	nt of Securities ally Owned Following I Transaction(s)		Ownership Form:	Beneficial		
				(Mont	tn/Day/	y ear)		ode	V	Amoun	(A) or (D)	Price			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common	Stock		08/06/2015]	P		900	A	\$ 15.7	7,564.0	44		D	
								t quire	the fo	orm dis	splays a of, or Ber	curre	ently valid	OMB con	spond unle trol numbe		
Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	*****	n 3A. Deemed Execution Da any	ate, if	4. Transaction Code (Instr. 8)		5.		and Expiration Date (Month/Day/Year)		7. T Am Und Sec	Fitle and an and a count of derlying curities str. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownersh Form of Derivativ Security: Direct (Dor Indirect)	Beneficia Ownershi (Instr. 4)	
									Date Exerc		Expiratio Date	n Tit	Amount or Number of				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
ADELGREN PAUL W 1521 WESTBRANCH DRIVE SUITE 100 MCLEAN, VA 22102	X					

Signatures

Michael LiCalsi, Attorney-in-fact	08/10/2015
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.